

Mother Lode Chapter

Clinic Report - January, 2018

Primary Care Clinic

Beautiful weather flying to clinic this past weekend. **Randy Sharp** flew **Pam Fallo**, FNP, **Jim Padgett**, chiropractor, & **Bruce Hultgren**. **Chris Nelson** flew **Dianne VanOrder**, RN, & me. **Joe Zachwieja** drove alone, and **Margie & Rick Wilson**, along with **Richard**, an electrician, drove down also. We had terrific tail winds, pushing Chris's plane up to 210 knots (241 mph) with record time from Placerville to Mexicali. New entry fees into Mexico are 731 pesos with 75 pesos upon departure. The hotel has raised room rates to \$50 U.S. per night. The cost of meals at the hotel is unchanged at this time. Friday afternoon, Randy & I had street tacos, with Friday evening seeing five of us going to Jardines for dinner.



Sr. Bilito, our long time leader, assisting a patient. Bilito will be retiring after 18 years with the Flying Sams.

Chris will detail work done on the new room for the optical clinic (Valentine's old room).

A large crowd of people awaited us at clinic on Saturday morning, most there for eye care. The medical clinic provided care for 68 patients, Jim, treating aching backs, hips, etc. with his careful manipulations. Pam & I cared for the usual female problems, children with flea bites, scabies, undescended testicles, etc. We referred about six patients to the surgical clinic next week held by the Gold Coast chapter. Dianne scurried about as usual & had Randy replace two new wheels on the wheelchair for a patient who needs constant care because of seizures. The chair was made for in-house use, but when used outside, was very cumbersome because of small front tires. Dianne's value is above and beyond; she always keeps the clinic stocked with all kinds of supplies that she obtains at minimal cost.

Saturday night, we returned to Jardines for another fine meal.

After 18 years of attending clinic, I have decided it is time to retire due to my age; January was my last one. I have seen many changes in our organization, leading to expanding care for our patients, especially in eye care. Through Chris Nelson's leadership in pursuing donations, record levels have been donated from various social organizations along with supplies for eye care including glasses and other optical devices. The dental clinic led by Todd Makiyama has grown under his direction, providing much needed dental care. The attitude of those involved with our organization who have given so generously of their time and money is greatly appreciated by the people of San Quintin. Thanks for the memories.

-Sr. Bilito

Thanks to our Sponsors!

A SPECIAL THANKS to some of our many important program sponsors without whom The Flying Samaritans could not make the significant humanitarian impact delivered to those in need. Both monetary and non are essential to the

operation of our clinic.

- Celeste Roseberry-Mckibbin with "Love, Talk, Read" generously donates children's books for each of the backpacks.
- Soroptimist International: Placerville, Cameron Park and Folsom
- Rotary Club International: Folsom; Folsom Lake; Placerville; Arden-Arcade; Pocket-Greenhaven; Loomis; Roseville-Sunrise; Orangevale, East Sacramento
- Rotary Interact Clubs; Casa Robles High School; Oak Ridge High School
- Ann Hively
- Lions Club International; Folsom Lake; Placerville; Embarcadero; Sacramento Senator
- Cris Gerard
- Dee Farmer
- Dr Bob Haining
- Dr Nancy Archibald and her Dental Team
- Folsom Project For The Visually Impaired; Don Ring
- Sister team, Dianne Vanorder and Margaret Sanderson
- Restoring Vision
- SOLO Eyewear
- Vitamin Angels
- SHARE Institute; Dr. Soheir Stolba
- Jack Olson; Folsom Lake Bank
- Tanya Moran
- Marlyn Pino-Jones
- Bank Of America Retiree Group
- Folsom Prison "Hooks And Needles"
- Placer County Corrections, Women's Division
- Sharron Flynn and neighbors
- Rolling Hills Church
- Brenda and Sterling Daley
- Cheri Throckmorton
- Trish McCum, American Sewing Guild
- German Club of Stockton
- Debi Amaral/VSP
- Maria Boyd
- Barsotti Family/Fran Ward
- Barbara Goyette
- Karin Aguilar
- Fiber Fanatics Knitting Group
- Lofti Lou Knitting Groups
- Joyce Hansen
- Elena Munoz-Plaza
- Lena Miguelgorry
- Eloisa Ciancaglini, RN
- David Herrmann
- Theresa Dao-Makiyama
- Todd Makiyama
- Alexandra Hansen
- Patricia A. Nelson
- Brian Claassen
- Dr John Demshar
- Lonnie Davis/Hope Haven West
- Alex Hansen
- Anthony Pineiro and wife
- Anuradha Rau, MD
- Falco Family Foundation
- Kari Fregoso and Family



An additional THANKS from the children, women, and men in rural Baja for all of your thoughtful humanitarian contributions!!!

Backpacks for Baja

January Clinic celebrated reaching over 3,060 "Backpacks For Baja" distributed to those in need since the program began in 2014!!!



Dozens of families line up to received donated backpacks filled with needed items

nice dress to as many young girls as possible to build Dignity, Health, Joy and Love. Each dress was personally fitted to a happy recipient. The **Rolling Hills Church** sewing team also contributed handmade children's dresses, dolls and other children's items which were greatly appreciated!!!

There was also a distribution of hundreds of men, women and children's clothing items which were greatly appreciated by the thankful recipients.

With the weather beginning to cool we also gave out a large supply of handmade hats and scarf's as well as socks. These items were all made by the **"Hooks and Needles"** team of men at Folsom Prison. This team also contributes handmade stuffed toys and other impactful items each month. The items were greatly appreciated by all and the recipients asked that their thanks be passed along!!!

Linda Nelson makes many of the backpacks/handbags and manages the coordination of the items that go into them as well as putting them together and ensuring they are ready for transportation/distribution. Thanks for your caring and thoughtful efforts!!!

Cheri Throckmorton along with help from members of The Rolling Hills Church, once again, contributed handmade backpacks and other meaningful and much needed items. THANKS!!!

Great teamwork takes place every month in helping make this impactful initiative happen!!!!
A special thanks from the women and children in Baja for everyone's humanitarian contributions!!!

Chris, with the assistance of several local volunteers, distributed over 70 special backpacks to children attending the clinic. Each backpack included a special gift, sunglasses, important sundries such as tooth brushes and toothpaste as well as school supplies and a first aid kit. In addition each backpack includes a book donated by **Celeste Roseberry-McKibbin** of **"Love Talk Read"**. Women attending the clinic also received handmade handbags that include personal care items, sunglasses, and a special gift.

A special thanks to **Ynez**, her Mom **Laura** and **Cinthia**, who are all local volunteers. They not only volunteer with Optical needs but made over 40 backpacks and assist with distribution of give a ways!!!

Other volunteers also distributed many donated items and sundries such as toothpaste, soap, shampoo and lotions. In addition there were special handmade dresses that were made and/or acquired in support of the **"Dress A Girl Around The World"** initiative. This initiative is designed to provide at least one



Optical Clinic

A new record of 110 exams given to patients in one day!!!



Over 98% of the patients needing glasses were fitted on the spot this month!!!

Historically, we have been able to fit about 94 percent of the patients with glasses on the day of the clinic and we then order the remainder online for delivery by one of the pilots the following month. Thanks to the knowledge and patience of **Margie Wilson, Randy Sharp, Bruce Hultgren** and **James Padgett** in the fitting/evaluation area nearly all patients needing prescription glasses were fitted on the spot!!! This is very significant in our effort to assist those in need of vision care on the day they are evaluated. The patients that we could not fit the day of the clinic will have their glasses ordered for pick up in December.

This was a team effort with **Joe Zachwieja** overseeing the work flow, interpreting and assisting with training and utilizing the new Spot Vision equipment in the initial evaluation. **Ynez** and **Cinthia** both local volunteers, taking responsibility for some of the Auto Refractor exams and **Judy**, another long time local

Your generous donations go directly to the children, women, and men of San Quintin!

volunteer managing the intake of new patients and assisting with exams as well as providing knowledgeable assistance to all.

We had a pre exam and initial patient intake forms completed by **Dalia**, a new local volunteer as well as **Candy**, a local student and the daughter of one of our long time volunteers. We were short handed and trained/utilized everyone that was capable.

The total number of patients seen was well over 190 with 110 exams using the Auto Refractor and/or Spot Vision. In addition we gave out 18 pairs of readers and 4 pairs of glasses ordered from months prior. We also distributed approximately 150 pairs of sunglasses not including those that were in the Backpacks given to women and children. The children's sunglasses were a big hit as many of the recipients had never had the opportunity to own a pair in the past and the styles were current and "cool" with themes that they could relate to such as Spiderman, Batman and Ninja Turtles for the boys. The children's sunglasses as well as some of the readers distributed were provided by the **Restoring Vision** organization as well as the **Lions Club**...Thanks!!!

The service was efficient and the success rate of fitting was excellent due to the efforts/diligence of the entire team!!! A special thanks to **Don Ring** of the **Lions Club** and **Folsom Lake Lions** for providing the prescription glasses and sunglasses. Also the generous donation by **Solo Eyewear** and **Restoring Vision** of reading glasses and children's glasses was appreciated by the thankful recipients.

We also received a donation from **Chris Morris** with **VSP** of 100 pairs of high end sunglasses that were a huge hit particularly with the Women who appreciate the styles and quality that we would not normally be able to provide!!!

Another special THANKS to **Jim McKay** and the **Central Valley Chapter of the Flying Samaritans**. They helped us with the funding to purchase a much needed Lensometer and also loaned us a Spot Vision set of evaluation equipment. Dr **John Demshar** also made the generous donation of a Slit Lamp. The new equipment greatly improved our ability to accurately and quickly evaluate patients and help them with the appropriate optical solution.

MANY THANKS to everyone that made this clinic an impactful humanitarian effort!!!

Chris

Clinic Building Update/Expanding Optical



Thanks again to the Rodriguez family, are expanding our clinic floor space by taking over the space adjacent to the dental clinic where Valentin used to live.

We are in the process of refurbishing the space, and will make an announcement once the renovations are complete. With our ever expanding array of services and growing needs of clients, every bit of space is needed!

The space is currently targeted to be our new Optical Clinic which will allow us to better serve a greater number of optical patients as well as free up much needed space where Optical is currently located for the Medical team to expand.

The project has take a number of months so far and is planned to be a collaborative effort including members of the **Flying Samaritans**, the **East Sacramento Rotary** (who have assisted significantly in the past with premises and other challenging issues) as well as other participants as needed.

In January with a significant amount of clean up completed and the removal of a wall, the new space is nearly ready for use by the optical team.

A special thanks to everyone who has assisted with this project. In particular **Rick Wilson** the project leader and **Margie Wilson** who did everything from painting to assisting with the massive cleanup efforts.

Rick Wilson and **Richard Lenyk** worked tirelessly all weekend on the electrical upgrades necessary to operate efficiently as well as other important repairs and clean up. Thanks!!!! It would not have happened without the efforts of these two.

The plan is to begin utilizing the new space in February!!!

Thanks again to everyone for the GREAT teamwork!!!!

