



Flying Samaritans
Mother Lode Chapter
Clinic Report - October 2019

Primary Care Clinic

Looking for blue skies and sunshine got a little complicated for flying to Baja this past weekend; PG&E our electric provider in Northern California shut off the power, which kept one of our planes on the ground. Bummer! We rearranged and adjusted; **Charley Santoni** flew from Woodland to pick up **Lexi Andrews** and **Selena Yang**, then came to Stockton and picked me up. **Randy Sharp** flew from Davis with passengers **John Messner** and **Jim Padgett**; **Mark Rudolph** came from Petaluma with **Clay Laderer** and **Gordon Worley**; **Julius Chaing** flew from the Bay Area by himself.

We had a large contingent from Southern California who drove with **Raffy Rodriguez**. Of course, **Margie** and **Rick Wilson** drove from El Cajon.



We saw 50 patients in the medical clinic with the help of several first timers.

Jose Castillo, lives in San Quintin and works as a truck driver for the Los Pinos Ranch, stayed with us all day as a translator in the medical clinic. We could not have done it without him. John Messner and Julius Chiang did vital signs, and of course **Cecelia** did the intake of medical patients as usual. Clay Laderer, PA and Gordon Worley, NP were kept steadily busy all day. James Padgett, a chiropractor saw more than two dozen patients. He is awesome. We also had another RN to help in medical Lexi Andrews, RN, this was her second trip and I look forward to her coming again. She was extremely helpful and efficient, I cannot thank her enough.

The little boy with a swallowing problem did not return this clinic. We have made

arrangements for him to have follow up care with a local pediatrician. Hopefully, his family will return in November so we can follow up with further medical tests to see what is needed to help him.

Oliver and his grandmother came to the clinic again for a follow up for his GI problem (he ate a bowl of cereal at day care that had milk in it and ended up with diarrhea (he is allergic to milk). He is much better with no further problems. Just Difficult to keep track of a 4year olds eating habits when away from home.

Sunday morning arrived clear and sunny and we travelled to Northern California with some heavy crosswinds but few bumps and clear skies. Our pilots are what make our trips such a success, they are all long standing, talented men who put safety and compassion first, and come through with getting us to San Quintin for our clinics. Our pilots for this past weekend were Charley Santoni, Mark Rudolph, Randy Sharp and Julius Chiang.

-Dianne VanOrder

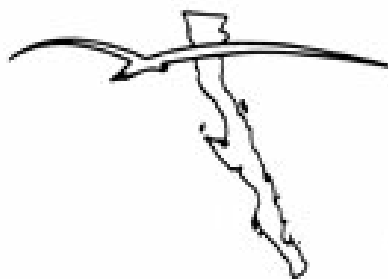
Thanks to our Sponsors! A SPECIAL THANKS to some of our many important program sponsors without whom The Flying Samaritans could not make the significant humanitarian impact delivered to those in need. Both monetary and non are essential to the operation of our clinic.

- Celeste Roseberry-Mckibbin with "Love, Talk, Read" generously donates children's books for each of the backpacks.
- Soroptimist International: Placerville, Cameron Park and Folsom
- Rotary Club International: Folsom; Folsom Lake; Placerville; Arden-Arcade; Pocket-Greenhaven; Loomis; Roseville-Sunrise; Orangevale, East Sacramento
- Rotary Interact Clubs; Casa Robles High School; Oak Ridge High School, Folsom High School, Bella Vista High School
- Ann Hively
- Lions Club International; Folsom Lake; Placerville; Embarcadero; Sacramento Senator

- Cris Gerard
- Dee Farmer
- Dr Bob Haining
- Dr Nancy Archibald and her Dental Team
- Folsom Project For The Visually Impaired; Don Ring
- Sister team, Dianne Vanorder and Margaret Sanderson
- Restoring Vision
- Revamps Hair Salon, Lucy and Andrea
- SOLO Eyewear
- Vitamin Angels
- SHARE Institute; Dr. Soheir Stolba
- Jack Olson; Folsom Lake Bank
- Tanya Moran
- Marlyn Pino-Jones
- Bank Of America Retiree Group
- Folsom Prison "Hooks And Needles"
- Placer County Corrections, Women's Division
- Sharron Flynn and neighbors
- Rolling Hills Church
- Brenda and Sterling Daley
- Cheri Throckmorton
- Trish McCum, American Sewing Guild
- German Club of Stockton
- Maria Boyd
- Barsotti Family/Fran Ward
- Barbara Goyette
- Karin Aguilar

- Fiber Fanatics Knitting Group
- Lofti Lou Knitting Groups
- Joyce Hansen
- Elena Munoz-Plaza
- Lena Miguelgorry
- Eloisa Ciancaglini, RN
- David Herrmann
- Theresa Dao-Makiyama
- Todd Makiyama
- Alexandra Hansen
- Patricia A. Nelson
- Brian Claassen
- Dr John Demshar
- Lonnie Davis/Hope Haven West
- Anthony Pineiro and Wife
- Anu Rau M.D.
- Renfro's Bridal Shop
- Falco Family Foundation
- Pam Crause, Kathy Schneider
- Hangtown Fiber Guild
- Marcella Claassen
- Cheryl Francis, Grace & Mercy, Lodi
- Lisa Smith
- Nina Wright
- Nicholas and Carmen Soberanis
- Dennis and Carol Anne Venturelli
- Dennis Metzler

An additional THANKS from the children, women, and men in rural Baja for all of your thoughtful humanitarian contributions!!!



Flying Samaritans®

SAMARITANOS VOLADORES

Backpacks for Baja

The October Clinic celebrated reaching over 4300 "Backpacks For Baja" distributed to those in need since the program began in 2014!!! **Linda**



Dozens of families lined up to receive donated backpacks, clothing, school supplies and other donated items

Nelson has made 2,475 **Cheri Throckmorton** and the **Rolling Hills Church** team have made 1,250. Placer County Corrections Inmates have made 723 and other helpers made 640!!!! **Cecilia**, with the assistance of **Imelda**, and several other local volunteers, distributed over 80 backpacks to children attending the clinic. Each backpack included a special gift, sunglasses, important sundries such as tooth brushes and toothpaste as well as school supplies and a first aid kit. In addition each backpack includes a book donated by **Celeste Roseberry-McKibbin** of "Love Talk Read". Women attending the clinic also received 60 handmade handbags that include personal care items, sunglasses, and a special gift.

Volunteers distributed many donated items and sundries such as toothpaste, soap, shampoo and lotions. In addition

there were special handmade dresses that were made and/or acquired in support of the "**Dress A Girl Around The World**" initiative. This initiative is designed to provide at least one nice dress to as many young girls as possible to build Dignity, Health, Joy and Love. Each dress was personally fitted to a happy recipient. Over 75 of these dresses were distributed. The Rolling Hills Church sewing team also contributed handmade children's dresses, dolls and other children's items, including shorts for young boys, which were greatly appreciated!!!

There was also a distribution of hundreds of men, women and children's clothing items which were greatly appreciated by the thankful recipients.

We also gave out a large supply of handmade hats and scarf's as well as socks. These items were all made by the "**Hooks and Needles**" team of men at Folsom Prison. This team also contributes handmade stuffed toys and other impactful items each month. The items were greatly appreciated by all and the recipients asked that their thanks be passed along!!!

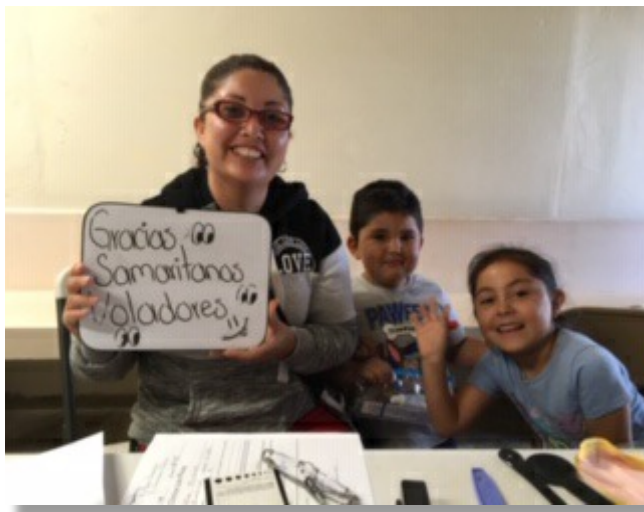
Linda Nelson makes many of the backpacks/handbags (Over 2,475 program to date!!!!!!) and manages the coordination of the items that go into them as well as putting them together and ensuring they are ready for transportation/distribution. She also coordinates the packaging and transportation of all the other items distributed, including the monthly supply of women's and children's vitamins. Thanks for your caring and thoughtful efforts!!! Cheri Throckmorton along with help from members of the Rolling Hills Church, once again, contributed handmade backpacks and other meaningful and much needed items. THANKS!!!

Great teamwork takes place every month in helping make this impactful initiative happen!!!!

A special thanks from the women and children in Baja for everyone's humanitarian contributions!

Optical Clinic

In October over 100 optical exams were completed before noon. 98% of the patients needing glasses were fitted on the spot this month and left the clinic with a smile and greatly improved vision!!! This successful outcome was thanks to the improved work flow instituted by **Margie Wilson** as well as her diligence and training of the entire team!!! This is very significant in our effort to assist those in need of vision care on the day they are evaluated. patients were assisted by **Angie, Lucy,** as well as other local volunteers in the fitting/evaluation area.



Historically, we have been able to fit over 97 percent of the patients with glasses on the day of the clinic and we then order the remainder online for delivery by one of the pilots the following month.

This was a team effort. **Joe Zachwieja** managed the exam process including utilizing an Auto Refractor as well as having assistance from other local volunteers on the Spot Vision unit. **Judy,** a long time local volunteer managed the intake of new patients and assisted with exams as well as providing knowledgeable assistance to all. **Inez,** as well as **Candy Castro,** a local student and the daughter of one of our long time

volunteers, gave oversight to the distribution of children's and adult sunglasses and assisted wherever needed.

We had a pre exam completed by other local volunteers including **Melanie,** and **Sherlyn** the daughters of long time volunteers, **Imelda** and **Minerva** as well as **Denya,** the daughter of Judy. We continued to train/utilize everyone that was capable to ensure timely service for those in need.

The total number of patients seen was well over 150 with the 100 plus exams referenced above completed using the Auto Refractor and/or Spot Vision. In addition we gave out 49 pairs of readers and 2 pairs of glasses ordered from months prior. We also distributed approximately 150 pairs of sunglasses. This included Men's, Women's and Children's sunglasses. The children's sunglasses were a big hit as many of the recipients had never had the opportunity to own a pair in the past and the styles were current and "cool" with themes that they could relate to such as Spiderman, Batman and Ninja Turtles for the boys. The children's sunglasses as well as some of the readers distributed were provided by the **Restoring Vision** organization as well as the Lions Club...Thanks!!!

The service was efficient and the success rate of fitting was excellent due to the efforts/diligence of the entire team!!!

A special thanks to **Don Ring** of the **Lions Club** and **Folsom Lake Lions** for providing the prescription glasses and sunglasses. Also the generous donation by **Solo Eyewear** and **Restoring Vision** of reading glasses and children's glasses was appreciated by the thankful recipients.

We also received a donation from **Chris Morris** with **VSP** of 100 pairs of high end sunglasses that were a huge hit particularly with the Women who appreciate the styles and quality that we would not normally be able to provide!!!

Another special THANKS to **Jim McKay** and the **Central Valley Chapter of the Flying Samaritans.** They helped us with the funding to purchase a much needed Lensometer and also loaned us a Spot Vision set of evaluation equipment. **Dr. John Demshar** also made the generous donation of a Slit Lamp. The new equipment greatly improved our ability to accurately and quickly evaluate patients and help them with the appropriate optical solution.

MANY THANKS to everyone that made this clinic an impactful humanitarian effort!!!



Dental Clinic

The first time I ever went to the dental mission was in October of 2018. I remember entering the clinic the day before to somewhat prepare for the next day upon which the patients would arrive. On that day my aunt, **Dr. Berris**, told me that I would be helping her assist the following day. When the day came I nervously anticipated knowing that I was an important accessory to comforting the patient during and after each treatment. Our very first patient that came in was an older lady and she needed an



extraction. In the beginning I was anxious because this was the first time I have ever assisted and even witnessed a tooth being extracted. As my aunt pulled it out and I could see the relief from the patient, I felt at ease. After we gave the patient her medication, she smiled and thanked us. At that moment I have never felt so motivated to see that smile again, motivating me to come back once again in January, then this October of 2019.

This time, we had new dentists volunteers (**Dr. Cat Botero, Dr. Lucas Cala & Dr. Rocio Yepiz**) and new set of dental assistants (**Tracy Dang, Mindy Nguyen, Elmer Batac & Melissa Isas**) so we can attend to more people. For the past two dental missions I assisted in, I worked hand and hand with dentists but this time I wanted to gain perspective

on how teeth cleaning treatments were performed. I assisted the dental hygienist **Ladan Mohammadabadi**. As I was more comfortable this time around, I was also more involved. Everyone was attending to the patients very consistently and fast paced which was exhausting yet really rewarding for all of us at the end of the day. We would work on patient after patient with no breaks to make the most of our time there knowing this was the only time these people would have each month to get whatever dental care they needed done. Our dental staff this trip made sure that everyone that has been waiting to get their treatments, are able to leave the clinic satisfied and taken care of. There was not one person who left the clinic that day who did not receive the treatment they sought after which gave all of us relief that we were able to truly succeed in helping those that truly needed us there. Ultimately we ended the day completing 19 cleanings, 25 fillings and 32 extractions. Through this volunteering experience I was able to fall in love with the smiles that I would see after every single patient prompting me to love the craft of dentistry itself and enjoy the great impact my service can do upon them.



-Katherina Furlow

Expanding Orthotic Services

With our ever expanding array of services and growing needs of clients, every bit of space is needed!

The project will take a number of months and is planned to be a collaborative effort including members of the Flying Samaritans, the East Sacramento Rotary (who have assisted significantly in the past with premises and other challenging issues) as well as other participants, both local and from the U.S. as needed.

The space is approximately 30' X 15' and is in need of a new roof as well as flooring and a complete interior build out. Rick Wilson put together a detailed plan that was presented to Pinos Ranch representatives requesting assistance. A meeting was held in September with Arturo and Rafael Rodriguez, members of the Rodriguez Family/Pinos Ranch and they agreed in concept to replace the roof and begin work on the cement floor. They will be presenting a proposal to the Pinos Ranch Board Of Directors. This work is planned to begin in November, weather permitting. Doug Wirzberger is meeting with them this weekend.

Rick has completed cost estimates with the help of Victor Castro a local contractor that we work with who is also the husband of Cecilia, a long time volunteer.

All resources are being evaluated as the need for assistance with this project is significant.

A special thanks to everyone who has assisted with this project to date. In particular Rick Wilson the project leader and the East Sacramento Rotary who are assisting with funding the project.

Thanks!!!! It will not happen without great teamwork!!!!

